Managing Risk with Online Tracking Technology on Healthcare Websites

prepared for

New Jersey Hospital Association

July 19, 2023



Attorneys at Oscislawski LLC

What Are We Going to Cover?

How it Started

- Online Tracking Tools
- Mass General Settlement
- Markup Expose'

How it's Going

- Breach Notifications re: Online Tracking
- Class Actions
- OCR Guidance
- Definitions: "PHI" and "IIHI"
- Deidentification
- OCR HIPAA Investigations

Moving Forward

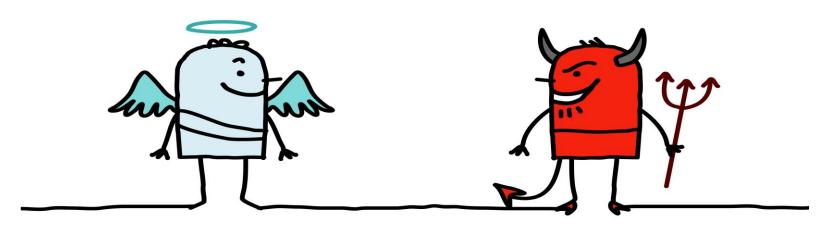
- AHA Pushes Back
- FTC Enforcement
- Compliance Approach

How it Started

Online Tracking Technologies

Online tracking technologies *enabled* by hospitals, health care providers etc. to collect and analyze information about user behavior and improve website functionality.

Google -- *Google Analytics*FaceBook/Meta -- *Meta Pixel*



Mass General Brigham & Dana-Farber Cancer Institute 18.4 Million Settlement



BIDER VIEW

Candid Conversations with Forward Thinking Leaders >

Banking Technology Health Care Residential Real Estate Bostlino | Events Nominations



The Dana-Farber Cancer Institute at 450 Brookline Avenue. BOSTON BUSINESS JOURNAL



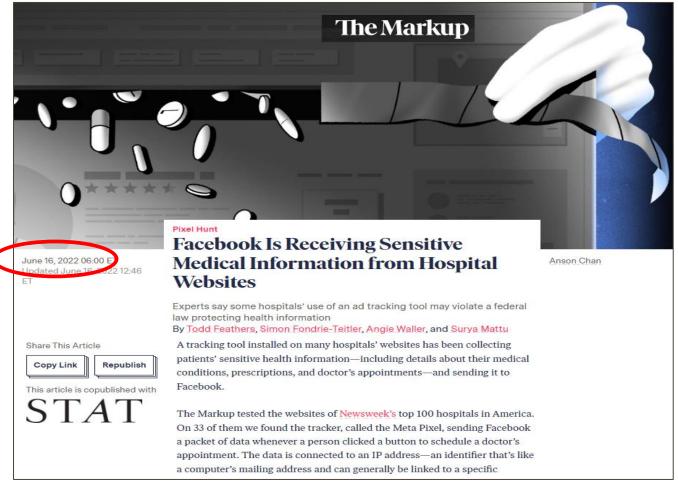
Reporter, Boston Business Journal

IN THIS ARTICLE

Hospitals

Mass General Brigham and Dana-Farber Cancer Institute have agreed to pay a combined \$18.4 million settlement over allegations that the institutions fed personally identifiable information about patients to Facebook, Google and other companies.

The "Markup" Expose'



Credit: T. Feathers et al., "Facebook Is Receiving Sensitive Medical Information from Hospital Websites," The Markup (June 16, 2022), https://themarkup.org/pixel-hunt/2022/06/16/facebook-is-receiving-sensitive-medical-information-from-hospital-website

MetaPixel found on 33 of Newsweek Top 100 Hospitals

Atrium Health Carolinas Medical Center	Johns Hopkins Bayview Medical Center	Memorial Care Long Beach Medical Center	Scripps Memorial Hospital La Jolla	University Hospitals Cleveland Medical Center
Auroral St. Luke's Medical Center	Inova Fairfax Hospital	Loyola University Medical Center	Sharp Memorial Hospital	Unity Point Health – Meriter
Barnes-Jewish Hospital	Houston Methodist Hospital	New York Presbyterian Hospital	St. Joseph Mercy Chelsea	University of Chicago Medical Center
Brigham and Women's Faulkner Hospital	Hospital of the University of Pennsylvania	Northwestern Medicine Central DuPage Hospital	Tampa General Hospital	University of Iowa Hospitals and Clinics
Duke University Hospital	Johns Hopkins Hospital	Northwestern Memorial Hospital	Tufts Medical Center	UPMC Presbyterian & Shadyside
El Camino Hospital	Henry Ford Hospital	Sanford USD Medical Center	UCLA Reagan Medical Center	UT Southwestern Medical Center
Froedtert Hospital & the Medical College of Wisconsin	Jefferson Health – Thomas Jefferson University Hospitals	Penn Medicine Chester County Hospital	Source: N	lewsweek, The Markup

"Meta Pixel collects Sensitive PHI"

The Meta Pixel collects sensitive health information and shares it with Facebook

← link

The Meta Pixel installed on Piedmont Healthcare's MyChart portal sent Facebook details about a real patient's upcoming doctor's appointment, including date, time, the patient's name, and the name of their doctor

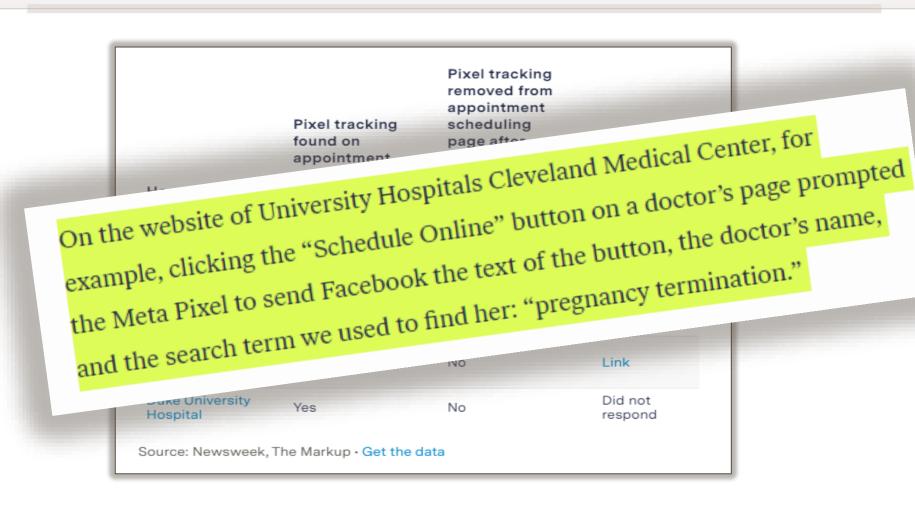
- Patient name
- Date and time of appointment
- Name of provider

```
{"classList":"_Link+_actionable+_link+_readOnlyText+_InternalLink+m ain", "destination":"https://mychart.piedmont.org/PRD/app/communicat ion-center/conversation?id=ID REDACTED BY THE MARKUP", "id":"", "imageUrl":"/PRD/en-US/images/ProviderSilhouette.png", "innerText":"MyChart+Messaging+Us er\nREDACTED BY THE MARKUP\nAppointment+scheduled+from+MyChart\nThere+is+a+message+in+this+conversation+that+has+not+yet+been+view ed.\n 1 Appointment+For:+NAME REDACTED BY THE MARKUP+(ID REDACTED BY THE MARKUP)+Visit+Type:+NEW+PATIENT+(ID REDACTED BY THE MARKUP)++ 2 MM/DD/YYYY+0:00+XX+00+mins.+ 3 NAME REDACTED BY THE MARKUP,+MD", "numChildButtons":0, "tag":"a", "name":""}
```

Source: mychart.piedmont.org, Mozilla Rally

Credit: T. Feathers et al., "Facebook Is Receiving Sensitive Medical Information from Hospital Websites," The Markup (June 16, 2022), https://themarkup.org/pixel-hunt/2022/06/16/facebook-is-receiving-sensitive-medical-information-from-hospital-websites

Meta Pixel on <u>Scheduling Pages</u>



Meta Pixel on **Patient Portals**

Health Systems with Meta Pixels on Their Patient Portals

The Markup identified seven health systems that had installed pixels inside their password-protected patient portals. Data accurate as of as of June 15, 2022.

Hospital	Pixel removed after being contacted by The Markup	Hospital comment
Community Health Network	Yes	Link
Edward-Elmhurst Health	Yes	Did not respond
FastMed	No	Did not respond
Novant Health	Yes	Link
Piedmont	Yes	Did not respond
Renown Health	Unknown	Did not respond
WakeMed	Yes	Did not respond

Source: Mozilla Rally, The Markup - Get the data

How it's Going

The Fallout . . .

Breach Notices

Class Action Lawsuits

OCR Guidance

OCR Investigations



The Fallout: Breach Notices

Healthcare Providers begin notifying patients regarding use of tracking technologies:



Home . About Us . News & Med

WakeMed News

Current Releases

10/14/2022

RALEIGH, N.C. (October 14, 2022) – Protect priorities. In support of WakeMed's core prome patients of the potential that select error.

WakeMed, like most companies, uses tech anonymous user information is through a user visits a website, which allows certain

In March 2018, WakeMed placed pixel, pro (https://mychart.wakemed.org). WakeMed community with WakeMed's MyChart pati

Unfortunately, the pixel's software code m scheduling page back to Facebook.

https://wakemed.org/about-uspatients-of-potential-data-priva

Tracking Pixel Use Results in Data Breach at NY Hospital, 54K Impacted

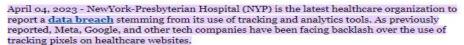
The use of tracking and analytics tools on NewYork-Presbyterian Hospital's public-facing website may have resulted in the exposure of patient information.



Source: Getty Images



By Jill McKeon



In October 2022, Advocate Aurora Health **notified 3 million individuals** of a breach stemming from the use of tracking pixels, and Novant Health **notified 1.3 million individuals** of potential unauthorized data disclosures resulting from its use of pixels.

In the case of NewYork-Presbyterian Hospital, more than 54,000 individuals were recently notified that the use of third-party tracking and analytics tools on its public-facing website may have resulted in the exposure of patient information.



The Fallout: Class Action Lawsuits

www.beckershospitalreview.com/healthcare-information-technology/9-hospitals-health-systems-facing-lawsuits-for-healthcare-data-sharing.html



December 2022 OCR Guidance

www.hhs.gov/hipaa/for-professionals/privacy/guidance/hipaa-online-tracking/index.html



This Bulletin provides a general overview of how the HIPAA Rules apply to regulated entities' use of tracking technologies. This Bulletin addresses:

- · What is a tracking technology?
- . How do the HIPAA Rules apply to regulated entities' use of tracking technologies?
 - Tracking on user-authenticated webpages¹¹
 - Tracking on unauthenticated webpages 12
 - Tracking within mobile apps¹³
 - HIPAA compliance obligations for regulated entities when using tracking technologies

What is a tracking technology?

Generally, a tracking technology is a script or code on a website or mobile app used to gather information about users as they interact with the website or mobile app. After information is collected through tracking technologies from websites or mobile apps, it is then analyzed by owners of the website or mobile app ("website owner" or "mobile app owner"), or third parties, to create insights about users' online activities. Such insights could be used in beneficial ways to help improve care or the patient experience. However, this tracking information could also be misused to promote misinformation, identity that, stalking, and harassment.

Tracking technologies collect information and track users in various ways, "I many of which are not apparent to the website or mobile app user. Websites commonly use tracking technologies such as cookies, web beacons or tracking pixels, session replay scripts, and fingerprinting scripts." It track and collect information from users. Mobile apps generally include/embed tracking code within the app to enable the app to collect information directly provided by the user, and apps may also capture the users's mobile device-related information. For example, mobile apps may use a unique identifier from the app user's mobile device, such as a device ID. These unique identifiers, along with any other information collected by the app, enable the mobile app owner or vendor or any other third party who receives such information to create individual profiles about each app user.

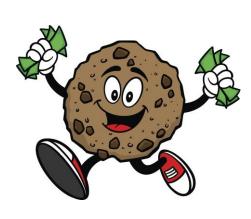
Website or mobile app owners may use tracking technologies developed internally or those developed by third parties. Generally, tracking technologies developed by third parties (e.g., tracking technology vendors) send information directly to the third parties who developed such technologies and may continue to track users and gather information about them even after they navigate away from the original website to other websites. This Bulletin focuses on regulated entities' obligations when using third party tracking technologies.

How do the HIPAA Rules apply to regulated entities' use of tracking technologies?

Regulated entities disclose a variety of information to tracking technology vendors through tracking technologies placed on a regulated entity's website or mobile app, including individually identifiable health information (IIHI). That the individual provides when they use regulated entities' websites or mobile apps. This information might include an individual's medical record number, home or email address, or dates of appointments, as well as an individual's IP address or geographic location, medical device IDs, or any unique identifying code. 2th All such IIIII collected on a regulated entity's website or mobile app generally is PHI, even if the individual does not have an existing relationship with the regulated entity and even if the IIHI, such as IP address or geographic location, does not include specific treatment or billing information like dates and types of health care services. 2th This is because, when a regulated entity collects the individual's IIHI through its website or mobile app, the information connects the individual to the regulated entity (Le., It is indicative that the individual has received or will receive health care services or benefits from the covered entity), and thus relates to the individual's past, present, or future health or health care or payment for care. 2th

"Tracking Technology"

OCR generally describes online tracking technology as "a **script** or **a code** on a website or a mobile app used to gather information about users as they interact with the website or mobile app."



- Cookies
- Tracking Pixels
- Web beacons
- Session replay scripts
- Fingerprinting scripts
- Mobile Apps include/embed tracking code within the App to enable the app to collect information directly provided by the user e.g., device ID or advertising ID

Google Analytics and Meta Pixel (for Facebook) are two examples of widely-used tracking technologies.

Three Buckets

1. User-authenticated webpages

2. Unauthenticated webpages

3. Mobile Apps

User-authenticated webpages

- Require a user to log in before they are even able to access the webpage
- Examples: Patient portals and telehealth platforms

 If enabled, *likely* to have access to specific PHI

Unauthenticated webpages

- Do <u>not</u> require users to log in to access the webpage
- Webpages with general information (i.e., services)
- Although these webpages typically do not include access to individuals' PHI, OCR also highlights exceptions:
 - Permits a user to enter information, such as demographic info, scheduling info, registration info etc.;
 - Addresses specific symptoms or health conditions, such as pregnancy or miscarriage;
 - Permits individuals to search for doctors or schedule appointments without entering log-in credentials.

Mobile Applications

Mobile apps that are <u>not</u> "offered by or on behalf of" a regulated entity (i.e., ones that individuals use to request and download their own information from a regulated entity) would not be subject to HIPAA.

OCR's Interpretation of "PHI"

"Individually identifiable health information (IIHI) that the individual provides when they **use regulated entities' websites** or **mobile apps** . . . might include an individual's medical record number, home or email address, or dates of appointments, as well as an **individual's IP address** or **geographic location**, medical device IDs, or any unique identifying code.

All such IIHI collected on a regulated entity's website or mobile app generally is PHI, even if the individual does not have an existing relationship with the regulated entity and even if the IIHI, such as IP address or geographic location, does not include specific treatment or billing information like dates and types of health care services."

Wait ... What??!!



"Protected Health Information"

Individually identifiable health information that is transmitted by or maintained in electronic media, or transmitted or maintained in any other form or medium.

Excludes

- FERPA
- Records in 20 USC 1232g(a)(4)(B)(iv)
- Employment records held by a covered entity in its role as employer
- PHI about a person who has been deceased for more than 50 years

"Electronic Media"

- Electronic storage material on which data is or may be recorded electronically, including, for example, devices in computers (hard drives) and any removable/transportable digital memory medium, such as magnetic tape or disk, optical disk, or digital memory card;
- Transmission media used to exchange information already in electronic storage media. Transmission media include, for example, the Internet, extranet or intranet, leased lines, dial-up lines, private networks, and the physical movement of removable/transportable electronic storage media.
 - CONDUIT EXCEPTION: Certain transmissions, including of paper, via facsimile, and of voice, via telephone, are <u>not</u> considered to be transmissions via *electronic media* if the information being exchanged did not exist in electronic form immediately before the transmission.

"Individually Identifiable Health Information"

A *subset* of *health information*, including demographic information, <u>collected from</u> an individual, <u>and</u>

- Is created or <u>received</u> by a health care provider, health plan, employer, or health care clearinghouse; <u>and</u>
- Relates to the past, present, or future physical or mental health or condition of an individual OR the provision of health care to an individual OR the past, present, or future payment for the provision of health care to an individual; and
 - That identifies the individual; or
 - With respect to which there is a *reasonable basis* to believe the information can be used to *identify* the individual.

"Health Information"

Means any information, including genetic information, whether oral or recorded in any form or medium, that:

- (1) Is created or **received by** a health care provider, health plan, public health authority, employer, life insurer, school or university, or health care clearinghouse; <u>and</u>
- (2) **Relates to** the past, present, or future physical or mental health or condition <u>of an individual</u>; the provision of health care to an individual; or the past, present, or future payment for the provision of health care to an individual.

Incidental Disclosures

Covered Entity is **permitted** to use or **disclose PHI** as follows:

- To the Individual;
- TPO (in accordance with 164.506)
- **Incident to** a use or disclosure otherwise permitted or required by the Privacy Rule, provided that the CE has complied with the applicable requirements of *Minimum Necessary* and has in place "appropriate administrative, technical and physical *Safeguards* to protect the privacy of PHI with respect to such otherwise permitted or required <u>use</u> or <u>disclosure</u>; [...]

Deidentification "Safe Harbor"

45 CFR 164.514(b)(2): the following identifiers of the *individual* & individual's *relatives*, employers or *household members*, must be removed:

- Names;
- All geographic subdivisions smaller than a State, including street address, city, county, precinct, zip code, and equivalent geocodes, except for the initial three digits of a zip code if, according to the current publicly available data from Census: (i) geographic unit formed by combining all zip codes with the same three initial digits contains more than 20,000 people; & (ii) The initial three digits of a zip code for all such geographic units containing 20,000 or fewer people is changed to 000.
- All elements of dates (except year) for dates directly related to an individual, including birth date, admission date, discharge date, date of death; and all ages over 89 and all elements of dates (including year) indicative of such age, except that such ages and elements may be aggregated into a single category of age 90 or older;

- Telephone numbers;
- Fax numbers:
- Electronic mail addresses;
- Social security numbers;
- Medical record numbers:
- Health plan beneficiary numbers;
- Account numbers;
- Certificate/license numbers;
- Vehicle identifiers and serial numbers, including license plate numbers;
- Device identifiers and serial numbers;
- Web Universal Resource Locators (URLs);
- Internet Protocol (IP) address numbers;
- Biometric identifiers, including finger and voice prints;
- Full face photographic images and any comparable images; and
- Any other unique identifying number, characteristic, or code (except as permitted by paragraph (c))

Expert Method

45 CFR 164.514(b)(1)

Analysis and **certification by an <u>expert</u>** as follows:

- Must be performed by a person (the Expert) with appropriate knowledge of & experience with generally accepted statistical and scientific principles & methods for rendering information not individually identifiable;
- The Expert must apply such principles & methods and determines that the risk is very small that the info could be used, alone or in combination with other reasonably available info, by an anticipated recipient to identify an individual who is a subject of the information; and
- The Expert documents the methods and results of the analysis that justifies such determination.

HHS Interpretation = a Slippery Slope



OCR Investigations are Underway



OCR Information Request

INITIAL DATA REQUEST

In connection with OCR's investigation, we request that [ENTITY] provide the following information to OCR within thirty (30) calendar days from receipt of this letter. If you believe that [ENTITY] is not a HIPAA covered entity or business associate, please complete and return only Part I of the Data Request. Otherwise, please complete Parts I and II of the attached Data Request.

Please answer each question fully and in detail. Please number responses and attachments to correspond with the enumerated requests. Please submit each response (with attachments) to each enumerated question as a separate Word or PDF document and label each document accordingly (e.g., "Part 1, Q1" or "Part 1, Q2," etc.).

PART ONE:

The HIPAA Privacy Rule applies to "covered entities" as defined by 45 C.F.R. § 160.103: <u>Covered entity</u> means: (1) A health plan. (2) A health care clearinghouse. (3) A health care provider who transmits any health information in electronic form in connection with a <u>transaction</u> covered by the standards found in 45 C.F.R. Parts 160 and 162.

<u>Transaction</u> means the transmission of information between two parties to carry out financial or administrative activities related to health care. It includes the following types of information transmissions:

- (1) Health care claims or equivalent encounter information.
- (2) Health care payment and remittance advice.
- (3) Coordination of benefits.
- (4) Health care claim status
- (5) Enrollment and disenrollment in a health plan.
- (6) Eligibility for a health plan.
- Health plan premium payments.
- (8) Referral certification and authorization.
- (9) First report of injury.
- (10) Health claims attachments.
- (11) Health care electronic funds transfers (EFT) and remittance advice.
- (12) Other transactions that the Secretary may prescribe by regulation.

For more information on "covered entities," visit https://www.hhs.gov/hipaa/forprfessionals/covered-entities/index.html

OCR also has jurisdiction over "business associates" as defined by 45 C.F.R. 160.103. A "business associate" is a person or entity that creates, receives, maintains, or transmits protected health information for a covered function or provides certain services to or for such covered entity or associate includes the disclosure of protected health information.

For more information on "business associates," visit: https://www.hhs.gov.hipaa.forprofessionls/privacy/guidance/business-associates/index.html

Please respond to the following:

	WI	th a billing service or clearinghouse to do	50 00 10	s oenaii:	
				YES	NO
	A.	Claims or Equivalent Encounter Information (ASC form 837)			
	В.	Payment and Remittance Advices (ASC form 835)			
	C.	Claim Status Inquiry and Responses (ASC form 276/277)			
	D.	Eligibility Inquiry and Responses (ASC form 270/271)			
	E.	Referral Certification and Authorization Inquiry and Response (ASC form 278)			
	F.	Health Plan Premium Payments □ (ASC form 820)			
	G.	Coordination of Benefits (ASC from 837) [
2.		nich of the following methods does [ENTI stracts with, use to transmit each of the ab			
			ove typ	e or mansaction	
	A.	Electronic Data Interchange (EDI) Tech			
	B.	Electronic Data Interchange (EDI) <u>Tech</u>		.0	
	B. C.	Electronic Data Interchange (EDI) <u>Tachs</u> Internet and Web-based Applications		.a .a	-
	B. C. D.	Electronic Data Interchange (EDI) <u>Techn</u> Internet and Web-based Applications Direct Data Entry (DDE) Modem		.a .a	-
	B. C. D. E.	Electronic Data Interchange (EDI) <u>Techn</u> Internet and Web-based Applications Direct Data Entry (DDE) Modem Sending a Diskette/Tape Using a Credit Card Swipe <u>Machine</u>	nology	.a a	
	B. C. D. E.	Electronic Data Interchange (EDI) Techn Internet and Web-based Applications Direct Data Entry (DDE) Modem Sending a Diskette/Tape Using a Credit Card Swipe Machine (Point of Service or POS)	nology		
	B. C. D. E. F. G.	Electronic Data Interchange (EDI) Techn Internet and Web-based Applications Direct Data Entry (DDE) Modem Sending a Diskette/Tape Using a Credit Card Swipe Machine (Point of Service or POS) Using "Faxback" Telephone Voice Resp	nology		
	B. C. D. E. F. G. H.	Electronic Data Interchange (EDI) Techn Internet and Web-based Applications Direct Data Entry (DDE) Modem Sending a Diskette/Tape Using a Credit Card Swipe Machine (Point of Service or POS) Using "Faxback" Telephone Voice Resp Paper Forms	onse		

Medicaid and Medicare Services ("CMS")? If yes, what is [ENTITY]'s NPI?

Does (ENTITY) transmit any of the following standard (HIDAA) transactions or contract

Moving Forward

AHA Pushes Back

www.aha.org/lettercomment/2023-05-22-aha-letter-ocr-hipaa-privacy-rule-online-tracking-guidance



Advancing Health in America

Washington, D.C. Office 800 10th Street, N.W. Two CityCenter, Suite 400 Washington, DC 20001-4956 (202) 639-1100

May 22, 2023

Melanie Fontes Rainer Director, Office for Civil Rights Department of Health and Human Services Hubert H. Humphrey Building 20 Independence Avenue, S.W., Room 515F Washington, DC 20201

Re: HIPAA Privacy Rule to Support Reproductive Health Care Privacy; 88 Fed. Reg. 23506 (RIN 0945–AA20) (April 17, 2023)

Dear Director Fontes Rainer:

On behalf of our nearly 5,000 member hospitals, health systems and other health care organizations, our clinical partners — including more than 270,000 affiliated physicians, 2 million nurses and other caregivers — and the 43,000 health care leaders who belong to our professional membership groups, the American Hospital Association (AHA) strongly supports the Office of Civil Rights' (OCR) proposed rule. The AHA agrees with OCR that a "positive, trusting relationship between individuals and their health care providers is essential to an individual's health and well-being." The proposed rule will enhance provider-patient relationships by providing heightened privacy protections for information about care that is lawful under the circumstances in which it is provided, but may nonetheless get swept up in criminal, civil or administrative investigations.

At the same time, the AHA has serious concerns about a recent, related OCR policy: the December 2022 guidance on the "Use of Online Tracking Technologies by HIPAA Covered Entities and Business Associates" (hereinafter "Online Tracking Guidance"). This guidance — ostensibly issued with the same worthy goal in mind as the proposed rule — is too broad and will result in significant adverse consequences for hospitals, patients and the public at large. In particular, by treating a mere IP address as protected health information under HIPAA, the Online Tracking Guidance will reduce public access to credible health information.

188 C.F.R. 23506, 23508.



Director Fontes Rainer May 22, 2023 Page 4 of 8

In December 2022, OCR issued guidance regarding the use of online tracking technologies, *i.e.*, technologies that are used to collect and analyze information about how users interact with regulated entities' websites or mobile applications. The AHA understands that this guidance may have been motivated — at least in part — by the same concerns as the proposed rule. Regrettably, the Online Tracking Guidance errs by defining PHI too broadly — specifically, to include all IP addresses. As a result, the guidance will inadvertently impair access to credible health information. It should be suspended or amended immediately.

Americans are increasingly reliant on digital platforms for health information. According to a March 2023 report by the National Quality Forum, "[a]pproximately 74 percent of surveyed Americans use search engines to start their patient journey." But online health information "can be disconcerting, confusing, and even misleading, leaving the onus on the consumer to decipher the information." And as Surgeon General Vivek H. Murthy recently explained, "Health misinformation is a serious threat to public health. It can cause confusion, sow mistrust, harm people's health, and undermine public health efforts. Limiting the spread of health misinformation is a moral and civic imperative that will require a whole-of-society effort." But the spread of health in the spread of health misinformation is a moral and civic imperative that will require a whole-of-society effort." But the spread of health is a moral and civic imperative that will require a whole-of-society effort.

It is therefore critical that consumers who use the internet to obtain health information visit trustworthy, helpful and accurate sources. Hospitals and health systems play an important role in this regard. Our members' digital platforms are typically the best sources of health information. For this reason, Surgeon General Murthy specifically recommended that medical professionals, like our hospital and health system members, use "technology and media platforms to share accurate health information with the

⁴ See, e.g., United States Department of Health and Human Services, Use of Online Tracking Technologies by HIPAA Covered Entities and Business Associates (Dec. 1, 2022), at https://www.hhs.gov/hipaa/for-professionals/privacy/guidance/hipaa-online-tracking/index.html#ftnref22 ("Examples of unauthenticated webpages where the HIPAA Rules apply include ... [tracking technologies on a regulated entity's unauthenticated webpage that addresses specific symptoms or health conditions, such as pregnancy or miscarriage."); id. ("For example, the HIPAA Rules apply to any PHI collected by a covered health clinic through the clinic's mobile app used by patients to track health-related variables associated with pregnancy (e.g., menstrual cycle, body temperature, contraceptive prescription information).").

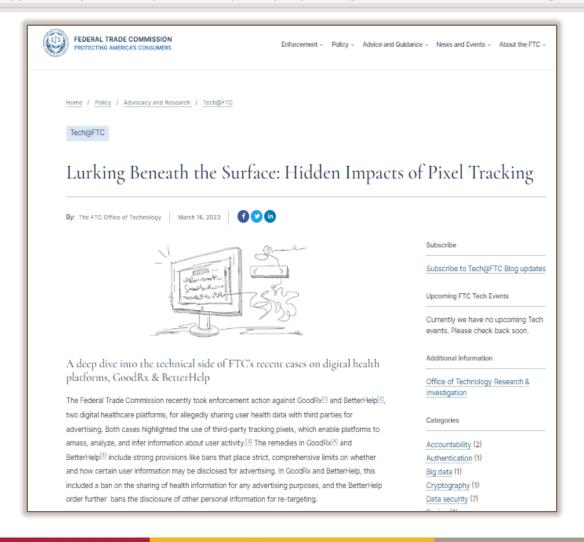
⁵ As you know, an IP address is simply a long string of numbers assigned to every <u>device</u> connected to a network that uses the Internet. Critically, the IP address identifies the computer, smart phone, tablet or other device, whether it is in someone's home, office, a public library, apartment building or somewhere else. As such, that device could be associated with a particular person or it could be shared by many different people.

National Quality Forum, Issue Brief: Improving the Accessibility of High Quality Online Health Information 1 (Mar. 14, 2023), https://www.einnews.com/pr_news/622101919/high-quality-health-info-online-must-be-accessibile-says-issue-brief-from-nqf-with-support-from-youtube-health (hereinafter National Quality Forum Study).
7 Id

Nivek H. Murthy, Confronting Health Misinformation: The U.S. Surgeon General's Advisory on Building A Healthy Information Environment 2 (2021), https://www.hhs.gov/sites/default/files/surgeon-generalmisinformation-advisory.pdf.

FTC Chimes In

www.ftc.gov/policy/advocacy-research/tech-at-ftc/2023/03/lurking-beneath-surface-hidden-impacts-pixel-tracking



FTC Enforcement



Enforcement - Policy - Advice and Guidance - News and Events - About the FTC -

Home / News and Events / News / Press Releases

For Release

Ovulation Tracking App Premom Will be Barred from Sharing Health Data for Advertising Under Proposed FTC Order

FTC says company disclosed user health data to third parties, deceived users about its data sharing practices and violated Health Breach Notification Rule

May 17, 2023 | 😝 💟 🛅

Tags: Consumer Protection | Bureau of Consumer Protection | Health Care |
Online Advertising and Marketing | Privacy and Security | Consumer Privacy | Data Security
Tech | Health Privacy

The Federal Trade Commission charged that the developer of the fertility app Premom deceived users by sharing their sensitive personal information with third parties, including two China-based firms, disclosed users' sensitive health data to AppsFlyer and Google, and failed to notify consumers of these unauthorized disclosures in violation of the Health Breach Notification Rule (HBNR).

"Premom broke its promises and compromised consumers' privacy," said Samuel Levine, Director of the FTC's Bureau of Consumer Protection. "We will vigorously enforce the Health Breach Notification Rule to defend consumer's health data from exploitation. Companies collecting this information should be aware that the FTC will not tolerate health privacy abuses."

This is the FTC's second enforcement action involving the Health Breach Notification Rule following a settlement announced in February with telehealth and prescription drug discount provider GoodRx Holdings Inc. The FTC charged that GoodRx violated the rule by failing to notify users'about the company's unauthorized disclosure of their personally identifiable health information to Facebook, Google and others. Related Cases

Easy Healthcare Corporation, U.S. v.

For Consumers

Blog: Pregnancy app Premom shared users' sensitive information

ftc.gov/yourprivacy

For Businesses

Blog: FTC says Premom shared users' highly sensitive reproductive health data: Can it get more personal than that?

Health Privacy



Enforcement - Policy - Advice and Guidance - News and Events - About the FTC -

Home / News and Events / News / Press Releases

For Release

FTC to Ban BetterHelp from Revealing Consumers' Data, Including Sensitive Mental Health Information, to Facebook and Others for Targeted Advertising

BetterHelp will be required to pay \$7.8 million for deceiving consumers after promising to keep sensitive personal data private, agency says

March 2, 2023 | 😝 💟 🛅

Tags: Consumer Protection | Bureau of Consumer Protection | Health Online Advertising and Marketing | Consumer Privacy | Health Privacy

The Federal Trade Commission has issued a proposed order banning online counseling service BetterHelp, Inc. from sharing consumers' health data, including sensitive information about mental health challenges, for advertising. The proposed order also requires the company to pay \$7.8 million to consumers to settle charges that it revealed consumers' sensitive data with third parties such as Facebook and Snapchat for advertising after promising to keep such data private.

This is the first Commission action returning funds to consumers whose health data was compromised. In addition, the FTC's proposed order will ban BetterHelp from sharing consumers' personal information with certain third parties for re-targeting—the targeting of advertisements to consumers who previously had visited BetterHelp's website or used its app, including those who had not signed up for the company's counseling service. The proposed order also will limit the ways in which BetterHelp can share consumer data going forward.

"When a person struggling with mental health issues reaches out for help, they do so in a moment of vulnerability and with an expectation that professional counseling services will protect their privacy," said Samuel Levine, Director of the FTC's Bureau of Consumer Protection. "Instead, BetterHelp betrayed consumers' most personal health information for profit. Let this proposed order be a stout reminder that the FTC will prioritize defending Americans' sensitive data from illegal exploitation." Related Cases

BetterHelp, Inc., In the Matter of

Related actions

BetterHelp, Inc.; Analysis of Proposed Consent Order To Aid Public

Concurring Statement from Commissioner Wilson Regarding BetterHelp

For Businesses

Blog: FTC says online counseling service BetterHelp pushed people into handing over health information – and broke its privacy promises

Health Privacy

Checklist: Identify & Evaluate

Identify any/all third-party data tracking technology vendor(s)/suppliers.
Identify all applications or platforms (e.g., EHR, web-based patient portals, websites, social media pages, mobile apps) where third-party data tracking technology is enabled .
Identify what <u>specific data</u> (e.g., IP addresses, geographic location, home address, email, dates of appointments etc.) <u>is collected from/by such applications or platforms</u> and for <u>what purpose</u> .
Identify exactly what specific data is being/has been transmitted to third-party data tracking technology vendor(s)/suppliers in connection with such data collection.
Identify the date(s) on which each third-party data tracking technology vendor or supplier of web tracking services was first contracted/engaged by CE.
Locate copies of each applicable service agreement(s) and <u>HIPAA BAAs</u> in place with third-party data tracking technology vendor(s) or supplier(s).
Locate a copy of CE's <u>Security Evaluation</u> completed after third-party data tracking technology was implemented/enabled.
Determine specifically whether any data collected/disclosed through third-party data tracking technology (such as Google Analytics or Meta/Facebook Pixel) included PHI.

Checklist: Assess & Respond Security Incident or Breach?

☐ If PHI was collected and disclosed through third-party data tracking technology, assess whether the disclosure constitute(s) a **Security Incident** or **Breach of Unsecured PHI**. Complete a **HIPAA Breach Risk Assessment** for every instance where unencrypted PHI was disclosed in an unauthorized manner due to implemented or enabled online tracking technologies which CE has discovered. Be prepared to describe/provide evidence of CE's investigation and, if applicable, discovery of and response to any Security Incident/Breach of Unsecured PHI to third-party data tracking technology vendors/suppliers, including investigative report, "Breach Risk Assessment," and corroborating documentation, such as access/activity logs, external investigative reports, forensic evaluations, reports from law enforcement, etc. Assess any state breach notification obligations which may be triggered in connection with the unauthorized disclosure of PHI. If a Breach of Unsecured PHI has occurred as a result of disclosure of PHI to third-party data tracking technology vendors or suppliers utilized by Covered Entity, prepare, issue and document any Breach **Notifications** in consultation with **insurance and legal counsel** to affected individuals and other required entities to the extent required by 45 C.F.R. §§ 164.404, 164.406 and 164.408. Be prepared to describe and provide evidence of **corrective/mitigating actions** taken in response to any Breach of PHI involving third-party data tracking technology vendors or suppliers of web tracking services (removal/disabling of tracking technologies, sanctions, revision of technical safeguards, policies or procedures, new policies/procedures, BAAs, termination of vendor, etc.

Checklist: Assess & Respond Security Incident or Breach? (con't)

- □ Be prepared to provide a <u>sample copy of any Breach Notification</u> <u>letter(s)</u> issued to affected individuals regarding the incident, including dates of notification.
- □ Be prepared to provide supporting documentation demonstrating that CE provided Notice to **prominent media outlet**(s) serving applicable State(s) or jurisdiction(s), if required.
- □ Be prepared to provide supporting documentation demonstrating that CE provided **Notice to HHS**, as required by §164.408.
- □ If CE did not issue notifications of the Breach(es), be prepared to provide **supporting documentation** of a Breach Risk Assessment completed in accordance with the Breach Notification Rule that concluded a Breach of Unsecured PHI was not likely to have occurred.

Checklist: Additional Considerations

Identify and document the Security Official responsible for development/implementation of CE's policies/procedures required by the HIPAA Security Rule, and the date individual was designated.
Describe and provide evidence of any mechanism CE has in place to <u>encrypt and decrypt ePHI</u> . Describe whether CE <u>encrypts data at-rest and in-transit</u> for web application(s), and include the <u>date</u> such encryption was implemented. If CE does not employ encryption methods for ePHI, provide dated documentation supporting <u>equivalent alternative safeguards</u> .
Describe the Security Awareness and Training program implemented by CE.
Documentation relating to CE's <u>Security Incident procedures</u> , <u>response and reporting</u> policies, and the policies it implements to <u>prevent</u> , <u>detect</u> , <u>contain</u> , <u>and correct</u> security violations.
Identify CE's most recent <u>Risk Analysis</u> , as well as a copy of all Risk Analyses performed for or by Covered Entity within the past 6 years.
Documentation demonstrating CE's <u>current policy/ies</u> regarding uses and disclosures of PHI related to development and maintenance of websites, social media pages (e.g., FaceBook), patient portals, and other web-based platforms in compliance with the HIPAA Privacy Rule.

Checklist: Mitigation

HIPAA BAA is in place with the tracking technology vendor/supplier IF CE requires the data collected for its own Health Care Operation purposes.
Require vendor/supplier remove or disable the tracking technology.
If vendor/supplier unable to remove or disable the tracking technology, <u>and will not sign a HIPAA BAA</u> (or not appropriate i.e., not a business associate) consider the following options: ☐ If feasible, encrypt all ePHI before it can be collected by the tracking technology. ☐ Implement a "pop-up" screen requesting the user of any CE application or platform to digitally execute a fully compliant HIPAA-compliant Authorization.
Terminate CE's arrangement with a vendor/supplier if HIPAA BAA cannot be put in place, the tracking technology cannot be removed/disabled, ePHI cannot be encrypted and/or a HIPAA Authorization cannot be obtained in advance for the disclosures and purposes needed.
Polices to address tracking technologies : (1) Development and maintenance of websites, social media pages (e.g., Facebook), patient portals and other web-based platforms in compliance with the HIPAA Privacy Rule, which includes steps CE takes to manage online tracking technologies in connection therewith; (2) Uses & Disclosures of PHI for Health Care Operations/Marketing/HIPAA Authorizations; (3) Uses & Disclosures to Business Associates pursuant to BA Contracts
Retrain workforce members Apply sanctions

Be Proactive! Take Action!

■ Assemble a "Task Force Team"

- IT Support
- HIPAA Security Officer
- Compliance
- Vendor Representative
- Assess (it's not just Meta Pixel)
 - Websites; FB Page; EMR Patient Portals; Mobile Applications
 - Google Analytics; Metal Pixel; other applications
 - Contract terms

Address

- Reconfigure
- Disable
- Terminate

Compliance Checklist

CHBCKLIST (CE

Legal Health information exchange

HIPAA Compliance Assessment & Mitigation for Enabled Online Tracking Technologies

Data Tracking Tech HIPAA Compliance Assessment

- 1. Identify and Evaluate Third-Party Data Tracking Technology.
- Identify any and all third-party data tracking technology vendor(s) or suppliers of web tracking services used by Covered Entity.

NOTE: In its December 2022 Guidance Bulderi, IIIPAA Guilne Trackine Technologies Guidance, OCR defined "reaching technology" as "a script or code on a website or mobile up used to gather information about users as they interact with a website or mobile age, Tracking technologies collect information in a carativy of ways, including with cooleins, such beacons or tracking pitcels, seeden replay scripts, flagseprinting agrating, and other reasons.

- Identify all of Covered Entity's applications or platforms (e.g., EHR, web-based patient portals, websites, social media pages, mobile apps) where third-party data tracking technology is enabled.
- Identify what specific data (e.g., including IP addresses and geographic location, as well as things like home address, email, dates of appointments etc.) is collected from or by such applications or platforms and for what purpose. Examples of purposes may include Covered Entity's health care operations (which are likely, permissible), or for other purposes. like marketing (which are likely, not permissible).
- Identify exactly what specific data is being/has been transmitted to the third-party data tracking technology vendor(s) or suppliers of web tracking services in connection with such data collection.
- □ Identify the date(s) on which each third-party data tracking technology vendor or supplier of web tracking services was first contracted/engaged by Covered Entity. If Covered Entity did not specifically engage/contract the third-party data tracking technology vendor/supplier for web tracking services, identify the date(s) on which any such activities were nevertheless commenced by the vendor/supplier.
- □ Confirm whether data tracking technology is still being used or the date(s) it ended.
- □ Lotte copies of earth applicable service agreement(s) and HIPAA bussiness associate agreement(s) in place with third-party data tracking technology vendor(s) or supplier(s) of web tracking services. Be prepared to provide evidence of how Covered Entity's implements its policy and procedure requiring Business Associate Contracts to be put in place pursuant of \$5 CIPA\$ if 64.30(B)(i) I. If an applicable service agreement(s) and/or HIPAA business associate agreement is not in place, confirm and document the reason(s) why and whether a HIPAA business associate agreement(s) is needed with the third party.

DISC Legal HIE Solutions LLC. All rights reserved.
 DISCLAIMES: Do not rely on this tool to a size any decision which requires the advice of an attorney Last applicate jerson; 2001.

Снвскыят (СЕ)

Legal Health information exchange

HIPAA Compliance Assessment & Mitigation for Enabled Online Tracking Technologies

□ Locate a copy of Covered Entity's Security Evaluation (required by 45 CFR 164.306(a)(8)) completed after third-party data tracking technology was implemented/enabled. Include information documenting the introduction of any tracking technologies that collect and/or transmit PHI to the tracking technology vendor(s) or supplier(s) of web tracking services (e.g., change request documents, approval emails). If none was previously conducted, conduct and document the performance of such Security Evaluation.

[NOTE 45 C.F. § 164-1016][II] of the Security take centains the following Standard: Technical Performance as periodic technical and nontechnical evolution, based initially upon the standards implemented under this rate and, subsequently, in response to environmental or operational changes affecting the security of electronic protected health information, that establishes the extent to which a covered unity of reduces associate's security geldies and precediments either lengthermatic field assigns?

□ Determine whether any data collected and disclosed through third-party data tracking technology (such as Google Analytics or Meta/Facebook Pixel) included PHI. If the answer is yes, identify what PHI is or was disclosed, to whom, and the date(s) of disclosure(s). If the answer is no, document what data is or what disclosed, to whom, and why the information does not constitute PHI.

NOTE: A determination of whether porticular data countries "Protected Health Information" is a highly for the military determination which should be made in consultation with legal counsel and the compliance/privacy officer, particularly in light of the new December 2022 Guidance Builetin issued by OCR and its organotive view of what constitutes "PHI". See HIPAA Ordina Transform Techniques Guidance.

Protected bookh information" means individually identifiable bookh information: [1] [Incept as provided in puragraph [2] of the definition], that is (a) Transmitted by electronic media; (ii) Maintained in electronic media; (c) [1] Transmitted or maintained in any other form on medium 45 C.R.B. §160.103.

"Individually identifiable health information" in information that is a subset of health information, including demographic information called of from an individual, and: (1) It executed or recorded by a build care provider, health plan, exculsive; or booth care clearing/house; and (2) Relates to the past, reseast, or future physical or neutral health or condition of an individual; the providion of booth care to an individual; or or the past, pressure, or future proprients for the providion of benth care to an individual; and (4) That identifies the individual or (6) With respect to which there is a reasonable basis to believe the information can be used to detertify the individual; at \$2.00, \$1.00, \$1.00.

"Booth Information" means any information, including questic information, whether end or exceeded in any form or modifies, that (?) It created or received by a both case provide, both plant, a public booth authority, employee, life incurre, achieved or university, or health core election/mass; and (2) Relates to the past, present, or fature physical or remail is beside to condition of an individual; the provision of health care as an individual; or the past, present, or future payments for the provision of health care to an individual.

□ Determine whether Covered Entity has received any notice(s), of which it is aware, from any other individual or entity, alleging that Covered Entity's use of tracking technologies is resulting in an impermissible disclosure of PHI. If so, identify the notification date(s), representative contacted, the name of the individual or entity that contacted Covered Entity, their contact information, and a short summary of what Covered Entity was told and how Covered Entity responded.

• 1005 Legal HIE Solutions LLD. All rights reserved.

DISOLAIMES: Do not rely on this tool to a sio any dealisin value requires the advice of an attorney.

Last updated jerseny. 2005.

CHBCKLIST (CE)

Legal Health information exchange

HIPAA Compliance Assessment & Mitigation for Enabled Online Tracking Technologies

- Assess Third-Party Data Tracking Activities for Potential Security Incident(s) and Breach(es) of Unsecured PHL.
- ☐ If PHI was collected and disclosed through third-party data tracking technology, assess whether the disclosure constitute(s) a Security Incident or Breach of Unsecured PHI, as defined by HIPAA.

[NOTE: A determination of whether a Security Incident or Breach of Unsecured PHI occurred in a highly for-transfile determination which should be made in consultation with loyal counsel and the compliance/privacy officer, particularly in light of the new December 2022 Catidance States States OCR and its organisty view of what constitutes (PHI '5-56 [[PRA Define Tracking Technologies Galdance])

"Breach" means the acquisition, access, use, or disclosure of protected health information in a manner not permitted under subpart Lof this part which compromises the security or privacy of the protected health information 4.5 C.P.R. § 14.4.62.

Security incident' means the attempted or successful anautherized access, use, disclosure, modification, or destruction of information or interference with system operations in an information system. 45 CFE. \$164.594.

"Unoccured PBI" means PBI that is not rendered unusable, unreadable, or indecipherable to unautherized persons through the use of a incheology or methodology specified by the Secretary in the guidance loused under section 13462(b)[2] of Paintic Law 111-2. 45 C.F.R. § 1464-402.

Except as provided by 4.5.C.S.R. 164.402 (Exceptions to definition of fivench), an acquisition, across, one, or decisions of protected health information in a monter on permitted under subpart E in accounted to be a human arises the covered entity or business associate, as applicable, demonstrates that there is a log-anothrilly that the covered fought information for few accountered days of our orbit associated for the following formation for the covered entity of at least the following future:

(Q The nature and extent of the protected health information involved, including the types of identifier and the likelihood of re-identification;

(II) The unouthorized person who used the protected health information or to whom the disclosure was made;

(III) Whether the protected health information was actually acquired or viewed; and

(Iv) The extent to which the risk to the protected health information has been mitigated.

45 C.F.R. § 164.402

- □ Be prepared to describe in detail and provide evidence of Covered Entity's investigation and, if applicable, discovery of and response to any Security Incident or Breach of Unsecured PHI to third-party data tracking technology vendors or suppliers of web tracking services as required by 45 C.F.R. §§ 164.308(a)(6) (Security Incident Procedures) and 164.308(a)(1)(i) (Security Management Process).
 - Such evidence may include an investigative report and "Breach Risk Assessment" (see 45 C.P.R. § 164.402) created by or on behalf of Covered Entity upon discovery of a Breach as well as any corroborating documentation, such as access/activity logs, external investigative reports, forensic evaluations, reports from law enforcement, etc.

DISCLAIMES: Do not rely on this fool to a size any decision which reserved.
 DISCLAIMES: Do not rely on this fool to a size any decision which requires the advice of an attorney Last applicate journey 2021.

www.legalhie.com/membership



Questions?



Helen Oscislawski, Esq.

Principal, Attorneys at Oscislawski LLC helen@oscislaw.com
609-835-0833



COMPLIANCE SOLUTIONS FOR ELECTRONIC HEALTH INFORMATION EXCHANGE

Need sample policies, tools and checklists to help your organization comply with **Information Blocking Rules?**

visit www.legalhie.com/membership

Use Discount Code **NJHAJULY23** for a \$250 discount on a Bronze, Silver or Gold **Organizational Plan** subscription to access our compliance library!

EXPIRES December 31, 2023.